

STROKE OF THE WEEK (2009)
Saturdays 1pm... Parklawn courts in Middleton

May 2 Block Volley	Aug. 8 Drop Volley
May 9 Drive Volley	Aug. 15 Pull Forehand
May 16 Block Serve Return	Aug. 22 Drop Shot
May 23 Drive Serve Return	Aug. 29 Backhand Overhead Smash
May 30 Serve Fundamentals	Sept. 5 Defensive Lob
June 6 Overhead Smash	Sept. 12 Inside-out Forehand
June 13 Passing Shots	Sept. 19 Slice Backhand
June 20 Open Court Approach Shots	Sept. 26 Spin Serve
June 27 Slice Approach Shots	Oct. 3 Inside Out Backhand
July 4 Angle Forehand Groundstroke	Oct.10 Offensive Lob
July 11 Angle Backhand Groundstroke	Oct. 17 Volley Combinations
July 18 Lob Volley	Oct. 24 Slice Forehand
July 25 Rally Groundstrokes	Oct. 31 Passing Shots (Repeat)
Aug. 1 Serve Fundamentals (Repeat)	Nov. 7 Block Volley (Repeat)
	Nov. 14 Half Volley